

Food Items Needed!

For Seniors & Children Living in Poverty



Cereal

Oatmeal

Pancake Mix

Tuna / Canned Meats

Pasta / Rice Meals

Soup

Canned Fruits & Veggies

Peanut Butter & Jelly

Main Meals (Chili / Hearty Soup / Beef Stew / Etc.)



Be Creative, Inspire Others, and Impact Your Community

Fundraise for HSP by visiting

www.humanitarianservice.org, click **Get Involved**