

HOW CAN I HELP?

MAKE A SENIOR PERSONAL CARE KIT

You can help by putting together a gift bag with items for our seniors in need.



A Complete Senior Personal Care Kit Includes the Following Items:

- 1 Shampoo
- 1 Conditioner
- 1 Lip Balm
- 1 Toothbrush
- 2 Toothpastes
- 1 Dental Floss
- 3 Lotions (smaller sizes preferred)
- 4 Bars of Soap or Body Wash (1 body wash= 2 soap bars)
- 1 Hand Sanitizer

After putting the care kit together, simply drop it off at HSP to be delivered to seniors in need!

Be Creative, Inspire Others, and Impact Your Community

Fundraise for HSP by visiting www.humanitarianservice.org,
click **Get Involved**



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