

# Senior Citizen Project

SCP provides 134 senior citizens living in poverty in DuPage and Kane Counties with a 95-100 lb. monthly grocery delivery.



## Sponsor a senior!

Adopting a senior for an entire year in the Senior Citizen Project ensures each senior citizen will receive wholesome and nutritious groceries.

- ♣ \$35 per mo. / \$400 co-sponsorship
- ♣ \$70 per mo. / \$800 full sponsorship



## What is included in monthly deliveries?

- ♣ 15 assorted fresh fruits and vegetables
- ♣ 7 packages of frozen meats
- ♣ 3-5 loaves of bread
- ♣ 6 bags of non-perishable groceries
- ♣ 2 bags of toilet paper, paper towels, facial tissue
- ♣ Hygiene products (every 3 months)
- ♣ Special gifts from "Secret Pals"
- ♣ 3-5 new gifts at Christmas from wish lists

## Other ways to Help ◇

- ♣ Conduct a drive to collect:
  - Non-perishable food
  - Paper products
  - Personal care items
- ♣ Fundraise for HSP by visiting [www.hsp.agency](http://www.hsp.agency), click **Get Involved**



**With the support of our community, we can continue to provide for seniors in need.**

Humanitarian Service Project ◇

630-221-8340 ◇

[hsp@hsp.agency](mailto:hsp@hsp.agency)

## About Humanitarian Service Project:

HSP's purpose is to alleviate the pain and suffering that poverty brings to seniors and children in need. The Senior Citizen Project began in 1982 and commits to helping those in need until they pass away, move out of the counties served or move to a nursing home. Established in 1979, the Humanitarian Service Project is a non-profit charity providing help through various programs: Christmas Offering, Senior Citizen Project, and Children's Project.

## Contact Us for More Information:

Tel: 630-221-8340

Email: [hsp@hsp.agency](mailto:hsp@hsp.agency)

[www.hsp.agency](http://www.hsp.agency)



**Humanitarian Service Project**  
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**“Senior citizens should be entitled to enjoy a rich and dignified life after years of contribution to society.”**

-excerpt from Helping Hand's Annual Report