



Be a Secret Pal to a Senior in Our Program



Provide a small gift of a \$5-\$25 value each month to one of our seniors in need.



This gift will be included with the senior's monthly food delivery.

Each senior has a wish list of items we can provide to you or you can get creative and surprise them with your gift! See some ideas below!



Household Items

- Bath Towels
- Candles
- Bedsheet Set
- Dish Soap
- Laundry Detergent
- Flashlight (w/ batteries)
- Washcloths
- Dish Towels
- Picture Frames
- Photo Album
- Houseplant



Miscellaneous Items

- Stationary & Pens
- Phone Card
- Gasoline Cards
- Gift Cards
- Ensure
- Crossword Puzzles
- Jigsaw Puzzles
- Postage Stamps
- Greeting Cards
- Crafts
- Yarn



Clothing and Accessories

- Slippers
- Socks
- Pajamas
- Earmuffs
- Winter Hats & Mittens



Personal Care Items

- Toothpaste
- Toothbrushes
- Shower Gel
- Dental Floss
- Soap
- Shampoo
- Conditioner
- Deodorant



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