

# Senior Citizen Project

Through their enrollment in the Senior Citizen Project, 151 senior citizens living in poverty in DuPage and Kane counties can select a home food delivery or a gift card to their favorite grocery store.



## Sponsor a senior!

Adopting a senior for an entire year in the Senior Citizen Project ensures each senior citizen will receive wholesome and nutritious groceries.

- ♣ \$35 per mo. / \$400 co-sponsorship
- ♣ \$70 per mo. / \$800 full sponsorship

## What is included in monthly deliveries?

- Fresh fruits and vegetables
- Packages of meat
- Loaves of bread
- 5 bags of non-perishable groceries
- 2 bags of paper products
- Personal Care products
- Gifts from their "Secret Pals"
- Christmas gifts



## Other Ways to Help

Conduct a drive to collect:

- Non-perishable food
- Paper products
- Personal care items



**YOU can make a difference by providing meals and essentials to seniors.**

Humanitarian Service Project      630-221-8340  
www.hsp.agency

[hsp@hsp.agency](mailto:hsp@hsp.agency)