

Food and Essential Items Needed

For Seniors & Children



Cereal

Tuna / Canned Meats

Canned Pasta

Soup



Canned Fruits & Veggies

Peanut Butter & Jelly

Laundry Detergent

Dish Soap

Cleaning Supplies



When **YOU** donate food and essentials, **YOU** are changing and improving lives one child and one senior at a time.

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